



**SUNDAY 2 FEBRUARY:
5 BEFORE LENT / CANDLEMAS**

COLLECT

God of our salvation,
help us to turn away from those habits which harm our bodies
and poison our minds
and to choose again your gift of life,
revealed to us in Jesus Christ our Lord.



**Benington & Walkern
Church Services**

Sunday 2 February: 5 before Lent / Candlemas

St Mary's, Walkern	9.30am	Family Communion Service	Rev Mark Bailey
St Peter's, Benington	11.00am	Holy Communion	Rev Mark Bailey
Benington Methodist Church	10.30am	Morning Prayer	Yvonne Johnson
United Reformed Church, Walkern	10.30am	Family Service	

Next Sunday 9 February: 4 before Lent

St Mary's, Walkern	9.30am	Holy Communion	Rev Mike Leverton
Benington Methodist Church	10.30am	Morning Prayer	Rev Zdzisiu Hendzel
United Reformed Church, Walkern	3.00pm	Julian Prayer	Steve Mason

Sorry!

Apologies to Paul Warner for mistakenly attributing his photograph on the *Thank You* leaflet to Paul Collis. Thanks Paul W for sharing your photo with us.



Walkern & Benington Food Bank: St Mary's church in Walkern on Wednesday mornings 9.30-10.30.

We are very grateful to everyone who gives so generously to our Foodbank. Your help is very much appreciated and still badly needed. Any of the following products are in demand.

Tea	Rice - microwaveable	Tinned vegetables
Coffee	Cleaning and laundry products	Tinned soup
Milk	Children's snacks and drinks	Tinned fruit
Snacks	Toilet rolls	Tinned custard & rice pudding
Sugar	Tinned fish/ meat	Baked beans
Biscuits	Tinned tomatoes	Toiletries
Pasta	Sanitary products	Pasta sauce
Cereal		Washing up liquid
Pies		

Sorry - but we can't take items that are past their 'use by' date.

Beverley Harlow on 07881588662 or bevharlow16@gmail.com.



Supported by a grant from East Herts Council

Cake bakers wanted!!

Snowdrop Teas and Concerts are heading our way in February. The village hall will be open for Teas on all four Sundays. Profits from the teas will be shared **by those involved:**

2 Feb – Village Hall
9 Feb – FOBS

16 Feb – Benington Nursery
23 Feb – Flower Festival

However, there won't be any 'Teas' without CAKE!! If you'd would be willing to bake a cake for us to sell, please get in touch with Christine.

Christine 01438 869 323 candken3@gmail.com

Ideally, we'd like you to drop your cake off at the hall on the day if possible.

Many thanks for all your support. *Christine*





Snowdrop Concerts 2025

**Sundays at
St Peter's Church,
Benington**

Concerts start at 2.30pm
(*& each lasts 45mins*)



2nd February

Six on Sax

9th February

Gamay Ensemble

16th February

Da Capo Brass

23rd February

Wild Rose Trio

Free Concert Admission
with Retiring Collection
in aid of the Church

***Come for the day:
visit the Lordship Gardens and
have lunch, tea and home-made cakes
at the Village Hall***

Julian Prayer at the United Reformed Church, Walkern

At the URC we shall have Julian Prayer meetings on the 2nd Sunday of the month, to have half hour of contemplative meditation on a prayer or Bible reading.

Julian of Norwich (c. 1343 – after 1416) was an English mystic and theologian best known for her work "Revelations of Divine Love," the earliest surviving

book written by a woman in English. After experiencing intense visions of Christ's Passion during a severe illness in 1373, she documented these experiences, emphasizing God's love, mercy, and the promise that "All shall be well." From her experience Christians have explored Contemplative Prayer and Meditation.

Christian Contemplative Prayer and Meditation involves waiting upon God, listening for, and being open to, God's presence. It is about remaining silent and attentive in God's presence. Rooted in early Christian tradition it involves stillness, silence, simplicity, and surrender, allowing God to take the initiative.

Lunch Club: 20 February

£7 per head, pay on the day. We'll be cooking

**Fish Pie with seasonal vegetables
followed by Eton Mess,
cheese board, tea & coffee.**



Sign up at Coffee Morning or contact:

Heather Ferguson

01438 869 340 heatherjferguson@btinternet.com

For your diary: 2025 Lunch Club Dates:

March 20; April 17; May 15; June 19; July 17; August 14; September 18;
October 16; November 13; December 11.

PRAYER REQUESTS

Named requests for prayer will be included on the notice sheet for at least one month. If you would like a name to be included for our intercessions, please contact the Parish Office ubbw@hotmail.co.uk or 07407 630159 or Maggie Hawkins (359500) for Walkern. (Names from the prayer board in St Mary's Church will also be included in the intercessions in that church.) Prayer is regularly offered for all the sick and needy in our community.

FOR OUR PRAYERS THIS WEEK

Those who live in our villages: This week we pray for all who live in Finches End, Walkern and Blacksmiths Hill, Benington.

We pray for those in our parishes or friends and family members who are housebound, unwell, receiving treatment or recovering from operations:

Katie Tysome (Walkern), Liesa Jernigan (Walkern), Jane Pitts (Walkern), Jan and Chris Phillips (Walkern), Tony & Sybil Baker (Benington), Jennifer Newton (Benington) and Maureen Lamb (Walkern).

We also remember those who have died and their families and friends:

Leon Snell (Cottered), Pauline Morgan (Walkern) and Don Swain (Walkern).